

Supporting Client Health and Wellness

2nd Wednesday of the Month - 2pm on Zoom



Far Northern
Regional Center



LEARN WAYS TO SUPPORT AND CARE FOR
PERSONS WITH DEVELOPMENTAL DISABILITIES
AND COMPLEX NEEDS. WE WILL COVER TOPICS
SUCH AS...



Mental Health



Medications



Healthy Activities



Health Conditions



Behavioral Support



Health Advocacy



Care Planning



Nutrition and More...



Earn free CEU's

for Attending the Live Class!

Zoom Meeting ID: 857 8435 1947

Password: Wellness

Class videos can be watched at anytime on the
Far Northern Regional Center YouTube Channel